

解敏湯

# Wind Pearls

Jiemin Tang

## About Wind Pearls

Wind Pearls is intended for the treatment of respiratory allergies, such as allergic rhinitis and allergic asthma. Its complex design is based on the popular remedy for nasal afflictions, Cangerzi San (Xanthium Powder). Cangerzi San has a strong wind expelling and orifice opening effect. The 16<sup>th</sup> century asthma formula Sanzi Yangqin Tang (Three-Seed Decoction to Nourish One's Parents) descends and transforms phlegm, and a host of moistening ingredients soothe chronically inflamed mucous membranes by consolidating the yin of lung and kidney. Dandelion resolves stagnant heat and hidden toxicity, and lumbricus opens congested collaterals. Together, this combination represents a comprehensive approach to autoimmune conditions afflicting the mucous membranes of the respiratory tract.

## Therapeutic Principles

- Disperse wind, transform phlegm, open the nose and chest
- Harmonize auto-immune over-reactions by consolidating the Spleen, Lung and Kidneys

## Indications

- Stuffed nose, runny nose, sneezing
- Watery and itchy eyes
- Red and itchy skin
- Wheezing/coughing; sensation of raw/inflamed mucous membranes
- Floating, possibly rapid pulse (maybe slippery/soggy in LU or KD positions)
- Tongue may display mapped coating

The FDA requires the following statement:

These products have not been evaluated by the Food and Drug Administration. Please note that our products are formulated according to classical Chinese alchemical principles. References to modern disease names in this presentation are intended to convey a general idea of how these classical principles might be applied in a modern clinical context. This should not be understood as a claim on our part that the Classical Pearls products treat, cure, or prevent these conditions.

**Sammanfattning:** Vid luftvägsallergier som; allergisk rhinit, allergisk astma, allergisk hud och slemhinnor. Tar bort och löser plegm, lindrar och fuktar kroniskt inflammerade, känsliga slemhinnor, stabiliserar Lungans och Njures Yin. Skingra Vind, har en öppnande effekt på näsa, bröst, minskar auto-immuna reaktioner genom att Mjältes, Lungas och Njures funktioner stabiliseras. **Möjliga symtom:** Täppt och/eller rinnande näsa, nysningar, vattninga, kliande ögon, rödtonat, kliande hud, hosta, väsandning, sensation av inflammerade slemhinnor, tungan kan ha en ojämn beläggning som är olika tjock eller saknas.

## Typical Applications

- Allergic rhinitis
- Allergic asthma
- Allergic skin and mucous membrane reactions

## Dosage

**Infants:** 1/2 - 1 capsule 1-2x/day

**Children and pregnant women:** 1-2 capsules 2x/day

**Adults:** 2-4 capsules 2-3x/day

**Typical adult combination usage**

**example:** 2 Wind Pearls plus 2 Perilla Pearls 2-3x/day (for allergic mucous membrane irritation after prolonged lung inflammation and coughing)





## Differentiation

For sinus infections, production of colored phlegm, and seasonal allergies with pronounced surface symptoms and/or food allergies	use	Golden Pearls
For cold with intertwined wind-cold and wind-heat aspects, sore throat, and/or pronounced symptoms of coughing	use	Perilla Pearls
For allergic asthma	use or combine with	Water Pearls and/or Cinnamon Pearls
For ulcerative colitis or Crohn's disease	use or combine with	Water Pearls and/or Cinnamon Pearls

## Ingredients

莘夷花	XINYIHUA	Magnolia flower	Cangerzi San
蒼耳子	CANGERZI	Xanthium	
白芷	BAIZHI	Angelica	
薄荷	BOHE	Mentha	
紫蘇子	ZISUZI	Perilla seed	Sanzi Yangqin Tang
白芥子	BAIJIEZI	Mustard seed	
(炒)萊菔子	LAIFUZI (CHAO)	Raphanus, fried	
麥門冬	MAIMENDONG	Ophiopogon	nourish yin of lung & kidney
五味子	WUWEIZI	Schizandra	
天門冬	TIANMENDONG	Asparagus	
生地黃	(SHENG) DIHUANG	Rehmannia, fresh	
(浙)貝母	(ZHE) BEIMU	Fritillaria thunb.	transform heat phlegm
蒲公英	PUGONGYING	Dandelion	
地龍	DILONG	Lumbricus	open collateral congestion

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