



安神飲 Spirit Pearls

Anshen Yin

Therapeutic Principles

- Settle the shen and po spirits; reconnect to the light of consciousness (tong shenming)
- Soothe the heart and lungs by reversing upward qi flow; calm the spirit by nourishing heart blood and lung yins
- Ease physical and emotional stress in head and chest areas, regulate brain chemistry and acute states of endocrine imbalance
- Open the orifice of the heart by removing phlegm in the upper burner (utilizing herbs that have a specific affinity to the functioning of spirit, heart, and brain)
- Promote the proper flow of qi and blood by disinhibiting the “vessel opening” function of the lung

Source

Based on the Shanghan lun formulas Suanzaoren Tang and Baihe Huashi San as well as the clinical case histories of the Northern Chinese master physician Dr. Wu Sheng’an (whose approach to difficult and recalcitrant diseases reflects the lineages of the imperial court physician Zhu Mulin and the middle/upper burner teachings of the 18th century clinician Huang Kunzai), this unique herb combination calms shen and neutralizes anxiety/trauma by stabilizing the yin of the Heart and Lung, opening the orifice of the Heart, and reversing energetic counterflow affecting the chest and head region. Descending and Moistening with Cardamon

The FDA requires the following statement:

These products have not been evaluated by the Food and Drug Administration. Please note that our products are formulated according to classical Chinese alchemical principles. References to modern disease names in this presentation are intended to convey a general idea of how these classical principles might be applied in a modern clinical context. This should not be understood as a claim on our part that the Classical Pearls products treat, cure, or prevent these conditions.



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Ingredients

吳茱萸	SUANZAOREN	Ziziphus
生姜	YEJIAOTENG	Polygonum
大棗	BAIHE	Lilium brownii
黨參	FUSHEN	Wolfiporia
丹參	BAIDOUKOU	Amomum Kravanh
砂仁	SHICHANGPU	Acorus Gramineus
百合	CHUANXIONG	Ligusticum
銀杏葉	YUNSHI	Caesalpinia
石菖蒲	TAOREN	Prunus Persica
地龍	XINGREN	Prunus Armenica
珍珠粉	YUANZHI	Polygala Tenuifolia
珍珠粉	HUASHI	Talcum
珍珠粉	MADENGAO	Camptosorus

Enligt TKM nedåtgående och fuktande. Lugnar Shen och Po och återetablerar dessas kontakt med medvetandet. Stabiliserar hjärtats och Lungans Yin, när Lungans Yin och Hjärtats Blod, samt öppnar Hjärtats portaler, ändrar reflux av Qi-energi som påverkar bröst och huvud negativt. **Möjliga symtom:** ångest och känslomässigt trauma, oro i sinnet, motverkar fysisk och emotionell stress och fysiskt obehag av detta i bröst och huvud samt hormonell obalans av detta. Närvaro av slem i övre del av kroppen som ger känsla av håglöshet, spänning, obehag, jobbiga kast i känslolivet, sömnstörningar. Upplevelse av stagnation i luftvägar, huvud och bröst samt sinne och känsloliv

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