

當歸就腦湯

# Evergreen Pearls

Danggui Jiunao Tang

**Kort Samanfattning:** vid degenerativa nervsystems sjukdomar som MS, Parkinson, Alzheimer, scleros av kärl i hjärnan.

**Möjliga symtom:** dåligt eller förlust av minne, allvarligt eller förlust av kognitiva funktioner, försämrad eller förlust av rörelsekontroll, diarréer, ryckningar, spasmer. Smärtor i ben/armar m.m. Atrofi i ben/armar.

**Effekter:** ökar mikrocirkulation i hjärna och i blodcirkulation, extremiteter överlag genom att vitalisera och värma blod. Minskar diarréer, spasmer och oavsiktliga rörelser. Reglerar blodtrycket.

## About Evergreen Pearls

The design of Evergreen Pearls is based on the deep reaching constitutional remedy, Danggui Sini Tang (Tang-kuei Decoction for Frigid Extremities). Danggui Sini Tang is the representative *jueyin* (liver and pericardium) remedy in Zhang Zhongjing's 3<sup>rd</sup> century formula classic, *Shanghan lun* (Treatise on Disorders Caused by Cold). The added herbs give Evergreen Pearls a particular focus on circulatory disorders in the extremities and degenerative changes in the head, neck and brain regions. From a traditional Chinese medicine perspective, older patients tend to exhibit symptoms of deficiency below and excess above—vital energy is not efficiently rising upward and outward anymore, and excess pathogens such as wind and phlegm and blood stasis are not properly eliminated via downward momentum anymore. Evergreen Pearls aims at restoring this vital qi flow balance in the elderly, and can thus be considered as a primary remedy for degenerative brain diseases such as post-stroke recovery, Alzheimer's, Parkinson's, and MS.

## Therapeutic Principles

- Increase microcirculation in the brain by opening *jueyin* channels and related cerebral collaterals
- Increase microcirculation in vascular system and extremities by warming and moving blood
- Calm tremors, spasms, and involuntary movements by tonifying blood and extinguishing internal wind
- Control blood pressure by reducing upflaring liver yang and moistening kidney yin

## Indications

- Loss of memory, loss of cognitive function
- Loss of motor movement control; tremors, spasms
- Pain in extremities, atrophy of extremities
- General indicators of *jueyin* syndrome: cold hands and feet, pale/purplish tongue, lopsided pulse pattern (or deep and weak, or deep and wiry pulse)

The FDA requires the following statement:

These products have not been evaluated by the Food and Drug Administration. Please note that our products are formulated according to classical Chinese alchemical principles. References to modern disease names in this presentation are intended to convey a general idea of how these classical principles might be applied in a modern clinical context. This should not be understood as a claim on our part that the Classical Pearls products treat, cure, or prevent these conditions.

## Typical Applications

- Parkinson's, MS, Alzheimer's and other degenerative brain disorders
- Stroke prevention and post-stroke paralysis
- Atherosclerosis
- Deep vein thrombosis; varicose veins
- Age-related tremors
- Peripheral neuropathy; Reynaud's syndrome; sciatica; frost bite

## Dosage

**Adults:** 2-4 capsules 2-3x/day

**Typical combination usage example:** 3 Evergreen Pearls plus 2 Gingko Pearls 2x/day (for pronounced headaches or tremors due to neurological causes)





## Differentiation

For pronounced headaches, nausea, and dizziness	combine with	Ginkgo Pearls
For brain tumors	primarily use	Ginkgo Pearls
For heart disease, atherosclerosis, and chronic phase of post-stroke recovery	combine with	Heart Pearls
For diabetic neuropathy	combine with	Sugar Pearls and/or Tiger Pearls
For high blood pressure, acid reflux, and elevated cholesterol	combine with	Counterflow Pearls
For constipation	combine with	Tiger Pearls
For arthritis, rheumatoid arthritis, or frost bite	use or combine with	Bamboo Pearls
For varicoceles	use	Ocean Pearls
For chronic degenerative liver conditions	alternate with	Cinnamon Pearls and/or Sugar Pearls
For circulatory conditions in extremities	alternate with	Cinnamon Pearls

## Ingredients

當歸(尾)	DANGGUI (WEI)	Tang-kuei tail
桂枝	GUIZHI	Cinnamon twig
白芍	BAISHAO	Peony, white
通草	TONGCAO	Tetrapanax
大棗	DAZAO	Jujube
甘草	GANCAO	Licorice

### Danggui Sini Tang

黃耆	HUANGQI	Astragalus
地龍	DILONG	Earthworm

### Buyang Huanwu Tang

石菖蒲	SHICHANGPU	Acorus
銀杏葉	YINXINGYE	Ginkgo leaf
雞血藤	JIXUETENG	Millettia
沒藥	MOYAO	Myrrh
鉤藤	GOUTENG	Gambir
麥門冬	MAIMENDONG	Ophiopogon
天門冬	TIANMENDONG	Asparagus

open heart orifice, cross blood-brain barrier, increase microcirculation in brain and extremities calm tremors, subdue upflaring yang, moisten yin, prevent auto-immune reactions

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