

旋覆一貫煎

Counterflow Pearls

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Sammanfattning: Behandlar enligt TKM olika störningar som kräver tonifikation av yin i mage, lunga, hjärta och leverns funktionella nätverk. Bra vid reflux av Qi i magens meridian och organ. Stärkande för hjärta och lever yin, förhindra lever yang och hjärthetta att stiga. Mjukar upp sklerotiska vävnader i mage, lever och hjärta. **Möjliga symptom:** Tendens till högt blodtryck, sura uppstötningar och, eller hicka, förhöjda kolesterolvärden, digestiv huvudvärk (kan vara s.k. magmigrän). Kroniska leverproblem som påverkar matsmältningen, magont, obehag i magen. Problem med synen, ev. struma.

About Counterflow Pearls

The design of Counterflow Pearls is based on the classical remedy Xuanfu Daizhe Tang (Inula and Hematite Decoction), which first appeared in Zhang Zhongjing's 2nd century herb primer, *Shanghan lun* (Treatise on Disorders Caused by Cold). Similar to its better known sister remedy, Banxia Xiexin Tang, it can restore counterflow of stomach qi that manifests as belching, hiccupping and acid reflux. Due to the particular affinity of inula flower to the heart—the ancient herb text *Tangye jing* classified inula as a substance representing “fire within fire”—it is best suited to address the unique relationship of heart and stomach, which in cases of chronic reversal of stomach qi can result in the more serious pathology of high blood pressure. The addition of the more recent remedies Yiguan Jian (Linking Decoction) and Danshen Yin (Salvia Drink) also makes it suitable for patients suffering from pain in the chest or solarplexus region. Together, the herbs in this formula represent one of the more moistening combinations in the Classical Pearl series, and can treat a wide variety of disorders that require the tonification of yin in the stomach, lung, heart and/or liver networks.

Therapeutic Principles

- Reverse counterflow of qi in stomach channel
- Nourish heart and liver yin, prevent upflaring of heart and liver yang
- Soften sclerotic tissues in stomach, liver, and heart

Indications

- Tendency to high blood pressure
- Acid reflux
- Elevated cholesterol levels
- Chronic belching and/or hiccups
- Digestive headaches (in yin deficient constitutional types)
- Chronic liver problems affecting digestive function
- Stomach pain/discomfort
- Vision problems
- Goiter

Typical Applications

- Symptom complex of acid reflux (GERD), high blood pressure, elevated cholesterol
- Chronic hepatitis, liver cirrhosis
- Ulceration and/or sclerosis of stomach lining
- Hyperthyroid issues

Dosage

Infants: dissolved content of 1 capsule 1-2x/day

Children and pregnant women: 2-3 capsules 1-2x/day

Adults: 3-4 capsules 2-3x/day

Typical (adult) combination usage example: 4 Counterflow Pearls in morning, 4 Sugar Pearls in evening (for high cholesterol)





Differentiation

For reflux problems or stomach ulcers accompanied by pronounced abdominal pain or migraine headaches	use or combine with	Ginkgo Pearls
For heart disease and/or vascular problems in elderly patients	use or combine with	Heart Pearls
For high blood pressure and high cholesterol	combine or alternate with	Water Pearls or Sugar Pearls
For post-stroke recovery in elderly patients	primarily use	Evergreen Pearls or Heart Pearls

Ingredients

旋覆花	XUANFUHUA	Inula	Xuanfu Daizhe Tang
黛赭石	DAIZHESHI	Hematite	
半夏	BANXIA	Pinellia	
生姜	SHENGJIANG	Ginger, fresh	
大棗	DAZAO	Jujube	
北沙參	BEISHASHEN	Glehnia	
甘草	GANCAO	Licorice	
枸杞子	GOUQIZI	Lycium fruit	Yiguan Jian
麥門冬	MAIMENDONG	Ophiopogon	
川煉子	CHUANLIANZI	Melia	
丹參	DANSHEN	Salvia	Danshen Yin
砂仁	SHAREN	Amomum	
夏枯草	XIAKUCAO	Prunella	reverse counterflow of qi, neutralize reflux, balance blood pressure, calm spirit
何首烏	HESHOUWU	Polygonum	
珍珠粉	ZHENZHU FEN	Pearl powder	

The FDA requires the following statement:

These products have not been evaluated by the Food and Drug Administration. Please note that our products are formulated according to classical Chinese alchemical principles. References to modern disease names in this presentation are intended to convey a general idea of how these classical principles might be applied in a modern clinical context. This should not be understood as a claim on our part that the Classical Pearls products treat, cure, or prevent these conditions.